

JUNE/MEHEFIN 2023

Mon/Llun	Tue/Mawrth	Wed/Mercher	Thu/Iau	Fri/Gwener
5 Fishfingers with Chips and Spaghetti Hoops <i>White Chocolate Sponge with White Chocolate Sauce</i>	6 Beef Chilli with Rice, Tortilla Wrap and Mixed Salad <i>Apple Crumble with Custard</i>	7 Roast Chicken Dinner <i>Rice Pudding with Sauce</i>	8 Sausage and Mash with White Cabbage <i>Strawberry Sponge with Custard</i>	9 Pasta Bolognese with Garlic Bread and Mixed Vegetables <i>Ice Cream Roll</i>
12 Breaded Chicken with Chips and Peas <i>Sultana Sponge with Custard</i>	13 Minced Beef with Mashed Potatoes, Broccoli and Carrots <i>Lemon Sponge with Custard</i>	14 Roast Pork Dinner <i>Jelly Pots with Shortbread</i>	15 Chicken Curry with Rice, Naan Bread and Sweetcorn <i>Mixed Berry Crumble</i>	16 Tuna Pasta Bake with Garlic Bread and Mixed Vegetables <i>Choice of Yoghurt</i>
19 Sausage and Chips with Beans <i>Peach Crumble with Custard</i>	20 Chilli with Rice, Mixed Vegetables, Pitta Bread and Grated Cheese <i>Ice Cream and Brownie</i>	21 Roast Beef Dinner <i>Jam Roly Poly with Custard</i>	22 Lasagna with Potato Wedges and Corn on the Cob <i>Syrup Sponge with Custard</i>	23 Macaroni Cheese with Green Beans and a Bread Roll <i>Flapjack</i>
26 Fish, Chips and Mushy Peas <i>Chocolate Sponge with Chocolate Custard</i>	27 Gammon with New Potatoes, Cauliflower Cheese and Peas <i>Banana Mousse</i>	28 Roast Chicken Dinner <i>Rice Pudding with Peaches</i>	29 Vegetable Curry with Savoury Rice and Naan Bread <i>Rice Krispie Cake</i>	30 Homemade Pizza with Fries and Beans <i>Choc Ice</i>

Pick n Mix

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Beans on Toast Ffâ Pôb ar Dost	Selection of Tortilla Wraps Casgliad o Wraps	Soft Filled Rolls Rolls Meddal	Cheese & Ham Toastie Toastie Caws a Ham	Sausage Roll Rol Selsig

Salad Bar

BAKED BEANS
 Cold Ham
COLD TURKEY
 Tuna Mayonnaise
 Homemade Coleslaw
 Mixed Salad
 Boiled Egg
 Grated Cheese
 Vegetable Sticks - Carrots & Cucumber

Bar Salad

Ffa Pob
Ham
Twrci
Tuna gyda mayonnaise
Coleslaw Cartref
Salad Cymysg
Wy, Caws, llyisiau, moron a chiwcymbr

Available Daily to all Pupils

Baked Potato with choice of fillings from Salad Bar
 Choice of hot and cold puddings including Fresh Fruit or Yoghurt

Selection of Breads

Ar gael yn ddyddiol
 Taten trwy'i chroen gyda dewis o gynhwysion o'r Bar Salad.
 Dewis o bwddin poeth neu oer gan gynnwys ffrwythau neu iogwrt

Dewis o fara